



# Salahudin Journal

BI-MONTHLY JOURNAL

VOLUME I, ISSUE I

BI-MONTHLY

## INSIDE THIS ISSUE:

Letter of Advice	3
The Five Essentials of Life in Islam	3
Health Awareness with Islamic Perspective	5
Innovation & Islam	6
Dar Al-Hijrah Annual Conference: June 29, 30, & July 1, 07	6
Health: Diabetes Mellitus	7
A Poem about Islam	8
Companion: The Role of Khadija in Islam	9
Hadith: Definition of Islam	9
Care to Help?	10
Dar Al-Hijrah Schools	11
Prophet Muhammad (peace be upon him)	12
Words of Wisdom	13
Quran: The Clot	13
Dar Al-Hijrah Programs	13
Prayer Schedule: Rabi Al-Awwal	15

## The Five Essentials of Life in Islam

✎ by Abdikarim Haille, Teacher of Salahudin Islamic School

The main objectives of Islam is to preserve the five essentials of life. In this day and age, the world is full of religious persecution, killing of innocent people, violation of human rights, drug abuse, ridicules of the dignity of individuals, and raiding the property of others. However the reverse of this situation would be free practice of religion, abstaining from the drug abuse, saving the lives of innocents, respecting the dignity of individuals, and securing the property of others. Hence, life in this world would become a prosperous and flourishing one. Islam emerged to protect and preserve these core values. Therefore, this article explains these principles of Islam.

- I. Deen (religion)
- II. 'Aql (intellect)
- III. Nafs (life)
- IV. Mal (property)
- V. 'Irdhi (dignity)

➤ continued on pg. 3

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## Innovation & Islam

✎ by Fartun Ahmed, Student of Salahudin Islamic School

Do you think you are doing a good thing because you decide to go out and celebrate the Prophet Muhammad (pbuh) or someone else's birthdays thinking that is a good deed? Brothers and sisters let me tell you about the innovation in Islam and how bad it is. The Prophet (pbuh) never commanded people to celebrate his or anyone else's birthday, yet people still do. The Prophet (pbuh) said "He who innovates something in matter of ours that is not of it, will have it rejected" (transmitted by Al-Bukhari and Muslim). Hence why would you want to add something to the religion when it will be rejected?

➤ continued on pg. 6

## EDITORS LETTER



All praises and thanks are due to Allah, the Exalted, for guiding us into Islam. Many thanks are to the founders, designers, organizers, sponsors, and managers of *Salahudin journal*.

Reading is essential for one to educate him or herself, and without writing one cannot read and the two are interconnected. And in this era, writing has become a phenomenon aspect of our lives. This journal is part of the community that promotes education and knowledge.

Salahudin Islamic School has been serving the Muslim community in Minnesota for number of years. It has passed through different level of situations that has encouraged its staffs, students, teachers, and parents to double their efforts to promote for the wellbeing of the society.

Now, it has become at a level which its students are the founders of this journal. Many of these students, despite their busy lives, try hard to acquire Islamic knowledge and at the same time spread these knowledge they have gained. Just yesterday these students were young children, today they are the role models, and tomorrow they will be our future leaders.

We are very proud to recognize and acknowledge their achievements thus far, and we encourage them to continue this responsibility and leadership that they have undertaken.

In addition, we also like to thank their teachers who have shaped and taught them the essentials of life in here and after through the core teachings of Islam. Being a teacher is not an easy task; nevertheless, it has the best rewards as our prophet has said— *the best of you is the one who learned the Quran and teaches others*.

We also thank the administration of Dar Al-Hijrah and its affiliates for providing to us the nurturing environment and the necessities to accomplish our future goals.

And lastly, we hope the Muslim community, in Minnesota and elsewhere, to stay stronger and united to strive for a better future.

Jazakalahuma-kheyran.

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SALAHUDIN JOURNAL

## Letter of Advice

✎ by Abdifatah Kheyir, Student of Salahudin Islamic School

All praises and thanks are due to Allah, the Lord of the universe. Brothers and sisters, everything in this world has a beginning and ending, and as Muslims when we want to begin something there is a word or phrase that is recommended to us to say by our Prophet Muhammad (pbuh). Therefore, I urge to my fellow Muslims to use this blessing, and powerful word *bismillah* (in the name of Allah) whenever one wants to begin or start something. For example, when you want to eat, wear clothes, go to bathroom, etc. say “in the names of Allah.” Is not this a big word? The answer is yes, so why do you not use it in your daily activities? As you all know the first time that the revelation was revealed to Prophet Muhammad (pbuh), the angel Jibril (Gabriel) told him to read “in the name of Allah.” In this case this word has a big value in Islam. I ask Allah to make us those who listen to the word (good advice) and follow the best thereof, amin.

## The Five Essentials of Life in Islam

✎ by Abdikarim Haille, Teacher of Salahudin Islamic School

The main objectives of Islam is to preserve the five essentials of life. In this day and age, the world is full of religious persecution, killing of innocent people, violation of human rights, drug abuse, ridicules of the dignity of individuals, and raiding the property of others. However the reverse of this situation would be free practice of religion, abstaining from the drug abuse, saving the lives of innocents, respecting the dignity of individuals, and securing the property of others. Hence, life in this world would become a prosperous and flourishing one. Islam emerged to protect and preserve these core values. Therefore, this article explains these principles of Islam.

- I. Deen (religion)
- II. ‘Aql (intellect)
- III. Nafs (life)
- IV. Mal (property)
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### 1. Protection of Religion

Constitutions and law in which people manage their way of life is very vital to any society. In the world, no country or nation can live without having a system which its citizens would comply with; it has to be an order which constrains people into limits, otherwise there will be chaos and people will transgress to one another. Since the law and system are very essential for people’s life and existence, religion is the key of all the laws and constitutions in the world. Given the fact that humans need to have laws to govern themselves to keep out the society from deviation and misguiding, Allah has sent down the messengers to humankind with the guidance, which allows humans to maintain justice and fairness amongst them. Since Allah knows humans better than themselves, the religion is Allah’s law to humankind in order for them to sustain in prosperous life, and to obey and worship Him alone without making any associations with His obedience.

Islam is the last religion which Allah had sent with His last messenger Muhammad (pbuh). It has been sent to the entire universe to preserve the rights of individual's belief. Since it is the last message, it has repealed all the prior messages. Thus, Islam is the only true religion in the world according to Allah's law.

Allah says, "Truly, the religion with Allah is Islam" (3:19), and He also says "And whoever seeks a religion other than Islam, it will not be accepted to him, and in the Hereafter he will be one of the losers. (3:85).

Yet Islam respects everyone's beliefs because people have begotten as free; thus, the Islamic Shari'ah will not coerce people into Islam.

Allah says, "There is no compulsion in religion. Verily, the Right Path has become distinct from the wrong path. Whoever disbelieves in Taghut (believing other than the God) and believes in Allah, then he has grasped the most trustworthy handhold that will never break. And Allah is All-Hearer, All-knower. (2:257). People have been given options, so there is no coercion to Islam, and they would not be forced to convert to Islam. Thus, it is the responsibility of individuals whether they would take the right path of Islam or the wrong path.

## **2. Protection of the Intellect**

In the modern time there are many things that deviate individual's mental functioning, part of these includes marijuana, liquor, alcohol, heroin, etc. Basically anything that incapacitate the person's intellect whether that be food or drugs, it is unlawful according to the Islamic Shari'ah. Allah said, "O you who believe! Intoxicants (all kinds of alcoholic drinks), and gambling, and Al-Ansab, and Al-Azlam (arrows for seeking luck or decision) are an abomination of shaitan's (sa) handiwork. So avoid (strictly all) that (abomination) in order that you may be successful (5:90).

## **3. Protection of Life**

According to Islam life is sacred not only human life but many creatures' life. It is prohibited to take a life without having authentic reason for it whether it is a human, animal, or insect. As long as it is a life, it has a right to live, and it is not allowed to be killed. It is not only sacred and respected in the matter of killing, but neither is it allowed to harm nor is it allowed to disgrace it. Allah has emphasized in the Qur'an many times the importance of life and the consequences that one could face if he or she takes the lives of others.

"And do not kill anyone whose killing Allah has forbidden, except for a just cause. And whoever is killed wrongfully (Mazluman intentionally with hostility and oppression and not by mistake), We have given his heir the authority {to demand Qisas,- Law of Equality in Punishment-or to forgive, or to take Diyah (blood-money)}. But let him not exceed limits in the matter of taking life (i.e he should not kill except the killer). Verily, he is helped (by the Islamic law)" (17:33).

"And whoever kills a believer intentionally, his recompense is Hell to abide therein; and the Wrath and the Curse of Allah are upon him, and a great punishment is prepared for him" (4:93). "Because of that We ordained for the Children of Israel that if anyone killed a person not in retaliation of a murder, or (and ) to spread mischief in the land-it would be as if he killed all mankind, and if anyone saved a life, it would be as if he saved the life of all mankind" (5:32).

In Islam, life is sacred, perhaps as the verses above state that killing one person is equal to killing all humans in the world. On the other hand, saving one person is the same as saving the whole humans. Qur'an stresses many times the significance of life. Therefore, a person is not allowed to harm him or her self nor s/he is allowed to harm others; however, Islam does not tolerate to kill a murderer. For example, if a person kills another person, then that killer deserves to be killed in order to preserve the rights of those victims.

#### 4. Protection of Property

Earning and making money is a legitimate quest in Islam, however Islam does not allow in any meaning of wasting the assets. Allah has said in the Qur'an, "Eat and drink but waste not by extravagance, certainly, He (Allah) likes not Al-Musrifun (those who waste by extravagance)" (7:31).

Overeating and wasting the rest is common problems in our era. Thus one would realize today, how it was true when Allah told us to not overeat; nearly all the diseases that people are afflicted by nowadays come from what they eat. Allah created us and knows us better than we do, so He told us to eat what is good for us. In addition, Islam does not permit to loot or take the properties of others. Allah said, "O you who believe! Eat not up your property among yourselves unjustly except it be a trade amongst you, by mutual consent. And do not kill yourselves (nor kill one another). Surely, Allah is Most Merciful to you" (5:29).

#### 5. Protection of Dignity

Respecting individuals' dignity is one of the top priorities of Islam. In Islam it is not allow to label people in bad names or to hurt their moral ethics. Therefore, Islam preserves the rights of people to safeguard their dignity, and creates peace and fraternity among the society. Allah said, "O you who believe! Let not a group scoffs at another group; it may be that the latter are better than the former. Nor let (some) women scoff at other women, it may be that the latter are better than the former. Nor defame one another, nor insult one another by nicknames. How bad it is to insult one's brother after having Faith {i.e. to call your Muslim brother (a faithful believer) as: "O sinner", or "O wicked"}. And whosoever does not repent, then such are indeed Zalimun (wrong-doers, etc), (49:11).

Our modern society is afflicted by the diminishing and discrediting of these five principles: religion, intellect, life, property, and dignity, which all individuals must adhere to and uphold regardless of our differences. Thus, Islam safeguards these core values for all humankind. One should understand that Islam is not for particular people, but it is a universal religion that preserves the rights of all creatures

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**Dar Al-Hijrah Health Dep. & NYC present for the youth:  
Health Awareness with Islamic Perspective:**

*The Importance of Health Education & Prevention of Diseases*

**Friday March 16, 2007 @ 4:30pm—8:00pm**

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**Salahudin Student Union presents for the youth:**

**What Have We Accomplished as Youth?**

**Saturday March 31, 2007 @ 9:00am—12:00pm**

# Innovation & Islam

✎ by Fartun Ahmed, Student of Salahudin Islamic School

**D**o you think you are doing a good thing because you decide to go out and celebrate the Prophet Muhammad (pbuh) or someone else's birthdays thinking that is a good deed? Brothers and sisters let me tell you about the innovation in Islam and how bad it is. The Prophet (pbuh) never commanded people to celebrate his or anyone else's birthday, yet people still do. The Prophet (pbuh) said "He who innovates something in matter of ours that is not of it, will have it rejected" (transmitted by Al-Bukhari and Muslim). Hence why would you want to add something to the religion when it will be rejected? The prophet (pbuh) used to say at ever Friday khutbah; "The best advice is in the book of Allah and the best guidance is the guidance of Muhammad, the messenger of Allah (pbuh) and the worst matter is innovation and every innovation is misleading." Some people have the time to do things that are considered innovation to the religion such as birthday celebration, and they do not attend to the obligatory forms of worship such as daily prayers and Friday khutbah.

Something more astonishing is that, some people believe that Allah's messenger (pbuh) is present at his birthday; they stand to welcome and greet him. This is just a plain ignorance; for the prophet (pbuh) never came out of his grave and never will till the Day of Judgment. Allah the Almighty said in the Quran "After that surely, you will die, then... (again), surely, you will be resurrected on the day of judgment" (23:15-16). Therefore why would anyone want to add something to the religion when Allah has said in the Quran, "This day I have perfected your religion for you, completed my favour upon you and have chosen for you Islam as a religion" (5:3). You say you do it out of love for Allah and His messenger, well if you love Allah and his messenger (pbuh) follow Allah's Commands which is the Sunnah of His messenger (pbuh). Brothers and sisters look at yourselves, you might not celebrate birthdays, but that is not the only innovation in Islam. This thing we call Eid party, do you think its right; there is no where in the book of Allah or the Sunnah of the prophet (pbuh) that says stay up all night on the night of Eid, parting with the intermingling of male and female environment wearing clothes that is not associated with Islam. Brothers and sisters, I am not writing this to preach you, but to inform you of what I have been informed of. It is a simple, do not add or subtract anything from the religion, if you do then that is the meaning of innovation. Islam is perfect and complete by itself.

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Mark your calendar for the next event:

## ***Our Faith, Our Family, & Our Future*** **Dar Al-Hijrah Annual Conference**

**June 29, 30, & July 1st, 2007**  
**Minneapolis Convention Center**  
**1301 2nd Ave S, Minneapolis, MN 55403**

Details and flyer about the conference will come soon, insha-Allah!  
 Check the website for more info: [www.daralhijrah.com](http://www.daralhijrah.com)

# Health: Diabetes Mellitus

✎ by Abdikarim Haille, Teacher of Salahudin Islamic School

The word diabetes is a Greek word that is defined as “crossing or passing through.” The word mellitus is a Latin word, which means “honey or sweet”. In modern English language, diabetes mellitus is known as excess of sweet urine production.

Medically, diabetes mellitus refers to an abnormal amount of carbohydrate metabolism (break down of food) that glucose (sugar) cannot enter the body’s cells and be used. Thus, the glucose remains in the blood at level above normal. The excess sugar in the blood (hyperglycemia), eventually leads to excretion of sugar in the urine (glycosuria), which result in the secretion of a large amount of urine (polyuria). This high amount of urine will cause dehydration (excessive thirst).

After the food is broken down into glucose, the blood cells cannot convert glucose into energy, or have the ability to do work. Cells use insulin, a hormone that is made by beta cells in the pancreas. When the pancreas does not make enough insulin or cells do not use insulin properly, the blood glucose cannot enter the appetite regulator cells (hypothalamus). As a result, starvation (hunger) is developed that causes a lot of polyphagia, or need for food. Even though the person eats lots of food, massive weight loss still develops because of excessive urination.

*“Medically, diabetes mellitus refers to an abnormal amount of carbohydrate metabolism”*

## Types of Diabetes

- Type I
- Type II
- Type III

Type I diabetes is known as insulin dependent diabetes (INMD) or onset diabetes. This is caused by the reduction of insulin level. The pancreas is not making enough insulin because the beta cells are destroyed by the body’s immune system. It is also known as a juvenile because it can be diagnosed early between children to adolescences.

Type II diabetes is known as maturity onset or non-insulin dependent diabetes (NIDD). It is caused by resistant or improper use of insulin. It is diagnosed for people of any age.

Type III diabetes is known as gestational diabetes. It is caused by a shortage of insulin. It happens to some women during their final stages of pregnancy, and most of the time, it goes away after giving birth even though some women who are diagnosed with gestational diabetes, most likely will develop Type II diabetes some time later in their lives.

## Symptoms of diabetes mellitus

- Excessive urination
- Thirst (Dehydration)
- Hunger
- Weight loss
- Fatigue
- Blurred vision
- Tingling or itchy on hands and feet
- Gum or bladder infections

### Diabetes treatment

- Eating plan
- Engagement in physical activities
- Insulin injections for mostly Type I diabetes and some Type II diabetes
- Oral agent pills for Type II diabetes to increase their insulin level or to use it better
- Monitoring one's blood glucose by frequent testing
- Visiting diabetes specialist (endocrinologist)

If diabetes is not treated well, it can lead to heart attack, stroke, blindness, kidney failure, impotence in men, and some other chronic diseases.

## A Poem About Islam

✎ by Maryam Yusuf, Student of Salahudin Islamic School

**F**rom the hollows of the seasons when the world was drenched and cold  
 From the greatest up above a religion he did unfold  
 A light was shining bright and the blessed one came through  
 But the light was still ignored only seen by just a few.

From Muhammad (pbuh) the shadows ran  
 even with the revelation he did not quite understand  
 He was told to read, read in the name of your lord  
 Muhammad (pbuh) was so shaken he could not say a word  
 He went home to Khadija (rc) and with comfort she eased his pain  
 But from that day on he knew he would never be the same  
 He thought he had gone insane but again the angel came  
 He brought with him a religion from Allah up above.

Finally Muhammad (pbuh) understood and Allah showered him with his love  
 The message lied with in the blessed of the heart  
 From then on Muhammad (pbuh) and his message were never far apart  
 And on that blessed day the religion of Islam was born  
 And this religion will prevail until Israfeel blows the horn  
 And now we are caught up in this world where people turn away from Islam  
 But do not worry there are billions of Muslims who pray to Allah  
 Just remember that united we stand and divided we will fall

## Companion: The Role of Khadija in Islam

✍ by Nasteeho Moalim, Student of Salahudin Islamic School

Despite the fact that many people assume women do not play a role in society, unfortunately they do not know that the first person to believe was a woman, named Khadija, who helped and shaped Islam from the beginning through many means; such as financial, intellectual, tolerance, and stood by the side of Prophet Muhammad in difficult times. Khadija belonged to the clan Banu Hashim and her tribe was Banu Asad. She was also a far cousin of Prophet Muhammad (peace be upon him). Khadija was known as the *Princess of Quraish* and the *Pure One*. She married twice, on both times her husbands died in a war. Therefore, she did not want to be married a third time because she was afraid to become a widow again. Khadija was a businesswoman as well as the wealthiest woman in Mekka. She never traveled to do her business.

Consequently she had to hire a businessman to trade for her. "In 595AD Khadija needed an agent to trade in her merchandise going to Syria, and it was then that a number of agents whom she trusted and some of her relatives, including Abu Talib told her to ask Muhammad (pbuh). Even though, Muhammad did not have any experience in trading except the two times he went with his uncle Abu Talib" (Al-jibril). Khadija trusted him because he was known as Al-Amin (the trustworthy). Muhammad came back to Mekka, and brought to Khadija a lot of profits then she ever got from her other clients. Khadija thought it through before deciding that Muhammad was the man that she wanted to marry. She went right ahead and proposed to him. Khadija played a big role in Islam; especially, in the beginning of the message (the hardest times in the history of Islam). She was not only the first woman who believed in the prophet, but she was the first *person* that believed in him and his message.

## Hadith: the Definition of Islam

✍ by Qamar Mohamed, Student of Salahudin Islamic School

On the authority of Umar who said:

One day we were sitting in the company of Allah's Apostle (peace be upon him) when there appeared before us a man dressed in pure white clothes, his hair extraordinarily black. There were no signs of travel on him. None amongst us recognized him. At last he sat with the Apostle (peace be upon him) He knelt before him placed his palms on his thighs and said: Muhammad, inform me about al-Islam. The Messenger of Allah (peace be upon him) said: Al-Islam implies that you testify that there is no god but Allah and that Muhammad is the messenger of Allah, and you establish prayer, pay Zakat, observe the fast of Ramadan, and perform pilgrimage to the (House) if you are solvent enough (to bear the expense of) the journey. He (the inquirer) said: You have told the truth. He (Umar ibn al-Khattab) said: It amazed us that he would put the question and then he would himself verify the truth. He (the inquirer) said: Inform me about Iman (faith). He (the Holy Prophet) replied: That you affirm your faith in Allah, in His angels, in His Books, in His Apostles, in the Day of Judgment, and you affirm your faith in the Divine Decree about good and evil. He (the inquirer) said: You have told the truth.

He (the inquirer) again said: Inform me about al-Ihsan (performance of good deeds). He (the Holy Prophet) said: That you worship Allah as if you are seeing Him, for though you don't see Him, He, verily, sees you. He (the enquirer) again said: Inform me about the hour (of the Doom). He (the Holy Prophet) remarked: One who is asked knows no more than the one who is inquiring (about it).

He (the inquirer) said: Tell me some of its indications. He (the Holy Prophet) said: That the slave-girl will give birth to her mistress and master, that you will find barefooted, destitute goat-herds vying with one another in the construction of magnificent buildings. He (the narrator, Umar ibn al-Khattab) said: Then he (the inquirer) went on his way but I stayed with him (the Holy Prophet) for a long while. He then, said to me: Umar, do you know who this inquirer was? I replied: Allah and His Apostle know best. He (the Holy Prophet) remarked: He was Gabriel (the angel). He came to you in order to instruct you in matters of religion.

*[Sahih Muslim, Book 1: Number 1]*

## Care to Help?

✎ by Kaamil Haider, Dar Al-Hijrah Media Director

As we move further into the dismay of our century, much of our activities will increase or crop down depending on our stage of life. This can be due to many factors of our lives such as aging, careers, increased responsibilities, interests, personal dimensions. We can put off few hours of work today with a thought to settle down and within minutes there are multiple tasks at hand we never thought of. It is the life of this earthly upbringing that human beings are in constant motions that will either benefit or detriment their lives. Volunteerism is one of those activities that can be done with organized schedule at hand and help our community become a little civilization that has an everlasting joie de vivre.

In the Islamic tradition much of the activities are volunteerism known as ‘fee sabeelillah’ (in the way of Allah). Volunteerism is contributing our time, energy, intellect, and/or talents to education, religion, organizations, social and political realms, and other sensible focus to do it without expecting compensations for it. We do not need to acquire most of these areas, but bringing at least one with us is essential. As Muslims, much of our examples in life are indebted to our dear Prophet Muhammad (pbuh) who has set forth prototypes that we can never nourish it with every cell of our bodies. The prophet once said be one of these following people; one who teaches, learns, one that pays for the person learning, or simply listens in the setting of a mosque. Then there is the example of a Jewish woman who provided water for a dehydrated dog and because of that entered one of the Houses of Allah, heaven. In a Sahih Bukhari hadith, the prophet is quoted saying that iman (faith) has sixty branches and the highest level is to say La ilaha ila Allah (there is no god but God) to the lowest level as to removing a harmful object from the street.

Moreover, every civilization that has either existed or exists has had some sort of people who helped and shaped it with volunteerism. It was the people of Madina that provided shelters and food for the immigrants from Mecca during the pinnacle of Islam.

Slavery did not end in America in 1870; they were local people in England who lobbied, made pamphlets, and demanded to end slavery before this period. Somali Youth League members were a body of Somali youths who volunteered and became the first political party in Somalia bringing all the tribes under one flag. Volunteerism can be as small as giving a dog water to organizing an organization that will benefit the community whose offspring may enjoy its fruits.

Also, volunteerism demands our time, the priceless entity of life. Before shooting ourselves amidst these tasks of volunteerisms, we need to look at ourselves. We need to clinically examine our lifestyles, and this can vary as the spectrum of colors in a rainbow. After all our personal and/or family activities, such as working, going to school, baby sitting, and/or coffee with friends at coffee shops or at our kitchens, we should be able to have few hours of our time during the entire week to donate to volunteering.

We all say that we are busy, but what are we busy with? Driving along the city of Minneapolis, I came across a board that read “Is What You Are Doing Now Really That Important?” As Muslims, time has an immense pressure on us because all of the activities that we do need to be in accordance with Allah’s principles while death never skips a second. Allah, the Exalted, says in the Quran:

“By *Al-'Asr* (the time). Verily! Man is in loss. Except those who believe (in Islâmic Monotheism) and do righteous good deeds, and recommend one another to the truth, which Allâh has ordained, and abstain from all kinds of sins and evil deeds and recommend one another to patience” (103:1-3).

Most of the activities that this surah (chapter) emphasizes are volunteering for one another. After knowing the values of volunteerism that Allah gave to mankind, we need to schedule and organize ourselves.

Treat volunteerism as if we were working. College students in their mid level of college are urged to work as interns; different wording of volunteering. The company looks into your prospects, and if they like what you have to offer, they propose to you in return a job at their branch. Now some of these interns are paid; nevertheless, majority of them are based on volunteering. Thus, coming on time, being active, contributing thoughtfully to change or boost the company, helping at the areas you excel, and other note worthy social gains we know should be expected from these college students. I have volunteered at many settings of our community, and most of the time I noticed the frequent loss of appetite of volunteering with volunteers. Some expect to gain name, fame, money, rank, waste time, and other factors, which in return make them come in late, do not add thoughtful sayings, or do not even come after a while. And then there is the other side, who wish to help out the community, come in on time, provide multiple angles to excel the setting, and/or even pay out of their pocket to help the need of the place they volunteer at. At any cost, we should be the latter group of people.

Due to the verses and ahadiths I have set forth as exemplars should not make us run towards the mosques in our community. Not that it is wrong in any way, but we need to help our community at any level so that we become a civilization that is established within another one. Spend two hours of your time this weekend at any mosque helping others or even yourself by learning the Words of God; next week tutor the uprising youths who need your experiences in academia; next month help homeless people at shelters; annually donate an ounce or more of your blood; sign up for monthly payment for poor people in the world; wash the feet of your parents everyday if you can; call your relatives once and while. So many open floors to volunteer at; it is just missing us to take the stairs with our mop-per on the back.

“Help you one another in *Al-Birr* and *At-Taqwa* (virtue, righteousness and piety); but do not help one another in sin and transgression. And fear Allâh. Verily, Allâh is Severe in punishment” (5:2).

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## Dar Al-Hijrah Schools

Dar Al-Hijrah operates part-time schools for young and old, male and female. Its curriculum consists of the Memorization of the Noble Qur’an, Traditions of the Prophet (Hadith), Fiqh (Jurisprudence), reading and writing Arabic, Islamic Manners (Tarbiyah), Islamic History, Remembrance of Allah (Thikr), Islamic Beliefs (Aqeedah), and the Life of the Prophet (Seerah).

### 1. Salahudin School

Saturday-Sunday from 08:00am – 12:00pm

(This School is located at the center)

For further information, contact us at (612) 227-8374/298-2031

**Saturday Courses:**

Qur'anic Lessons: 8:30-10:00am (*every class*)

Saheeh Bukhari hadeeth (Abi jamrah):10:00-10:40am (*class A1*)

Writing: 10:00-10:40am (*class B1*)

Umadat Al-Ahkam: 11:05-11:55am (*class A2*)

Al-Mabaadi Al-fiqh: 11:05-11:55am (*class A3*)

Seerah in writing: 11:05-11:55 am (*class B2*)

Tarbiyah (Islamic manners) 10:00-10:40 (*class B3*)

**Sunday Courses:**

Qur'anic tafeesr (translation) 8:15-9:00am

Subaca (Memorization of Qur'an) in every level: 9:05-10:30

Writing: 9:05-10:30am

Tarbiyah (Islamic manners), seerah the life of the prophet: (*classes B1 & B2*): 11:05-11:55am

Al-kaba'ir (major sins) 11:05-11:55 (*classes A1, A2, & A3*)

**2. Al-Hikmah School**

Monday-Thursday from 04:00pm – 07:00pm

(This school is located at the center)

For further information, contact us at (952) 564-0351 / (612) 339-4235

**3. Al-Ihsan School**

Saturday-Sunday from 08:00 am – 12:00pm

This school is located at:

Volunteers of America

924 19th Ave South

Minneapolis, MN 55404

For further information, contact us at (612) 227-3933

**4. Iqra Night High School:**

Dar Al-Hijrah Center also provides a high school diploma in collaboration with Volunteers of America. This school is open during school days from 03:00pm – 9:30pm, and it is located at:

Volunteers of America

924 19th Ave South

Minneapolis, MN 55404

For further information, contact us at (612) 817-9934

## Prophet: Muhammad (pbuh)

✎ by Sagal Musse, Student of Salahudin Islamic School

**M**uhammad is the Messenger of Allah; much has been written about the prophet Muhammad (pbuh) from in depth biographies by Muslim scholars to research articles by people of other faiths. Prophet Muhammad (pbuh) was born in 570 CE in Makkah, his father, Abdullah died several weeks before his birth and his mother died when he was six years old. He was raised by his grandfather Abdul Al-Mutalib until the age of eight years old. After the death of his grandfather, he was raised by Abu Talib, his paternal uncle. He was known by his people as Al-Amin (the trustworthy one).

## Words of Wisdom

☞ by Qaali Mohamed, Student of Salahudin Islamic School

An imam was selling his horse in the market, and an interested buyer came to him and requested if he could get a test ride. The imam told the man that this horse was a unique one. So he told him that in order to make it walk, you have to say *Subhanallah*. To stop it, you have to say *Allahu Akbar*, and to make it run, you have to say *Alhamdulillah*. The man sat on the horse and said *Subhanallah*. The horse started to walk. Then he said *Alhamdulillah* and it started to run. He kept saying *Alhamdulillah* and the horse started running faster and faster. All of a sudden the man noticed that the horse is running towards the edge of the hill. Being overly fearful, he forgot how to stop the horse. He kept saying all these words out of confusion. When the horse was just near the edge, he remembered *Allahu Akbar* and said it out loud. The horse stopped just one step away from the edge. The man took a deep breath, looked up the sky and said *Alhamdulillah!*

## Quran: The Clot

☞ by Hamdi Musse, Student of Salahudin Islamic School

It is true Islam only encourages, but also requires a person to seek knowledge, and live in light of learning. Islam is a way of life based on knowledge and not on superstition. Prophets are the sources of divine knowledge and the first divine revelation to Prophet Muhammad (peace be upon him) was the “*Clot*.” This surah (chapter) began with “Read! In the Name of your Lord, Who has created (all that exists), Has created man from a clot (a piece of thick coagulated blood). Read! And your Lord is the Most Generous, Who has taught (the writing) by the pen. [Who] Has taught man that which he knew not.” (96:1-5). As you can see Islam holds knowledge at a higher place. Seeking knowledge not only opens doors for you to education wise, but also it is the key to life.

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## Dar Al-Hijrah Activities

### Programs

- **Part-Time Islamic Schools:** Dar Al-Hijrah Islamic Schools currently serve students of all ages. Their curriculum includes memorization of the Holy Qur’an, Islamic Beliefs (Aqeedah), reading and writing Arabic, Islamic manners (Tarbiyah), Islamic history (Seerah), prophet’s way of life (Hadith), jurisprudence (Fiqh) and remembrance of Allah (Thikr).
- **Counseling Office:** Dar Al-Hirah offers a counseling office where the Imam provides counseling on social issues such as marriage, divorce, and conflict resolution.
- **Youth Center:** Dar Al-Hirah has a Youth Center where the youths gather, learn, and share ideas. They connect with the center so that they can uphold their Islamic heritage and values
- **High School Diploma:** Dar Al-Hijrah also provides an adult high school in partnership with Volunteers of America where students can earn a regular high school diploma.

- **Health Screening Center:** Dar Al-Hijrah operates a free health screening service where people can check their blood pressure, diabetes, and child and teen check ups in partnership with the Minnesota Department of Health

## Lessons & Halaqas

- **Tajreed Sareeh:** Every Friday 7:00pm – 8:30pm
  - **Lu'lu Al-Marjan:** Every Saturday and Sunday 12:30pm—1:30pm (*pending*)
  - **Translation of the Qur'an:** Every Saturday 5:00pm—7:00pm
  - **Matnu Al-Ghayati watar gheeb** (Abu Shuja') : Every Sunday 5:00pm—7:00pm
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# Iftin Islamic School

**Saturday-Sunday from 08:00 am – 12:00pm**

This school is located at:

Volunteers of America  
924 19th Ave South  
Minneapolis, MN 55404

For further information, please call  
Br. Abdisalam Adam (612) 227-3933

For placing an advertisement within our journal, please contact us:

info@daralhijrah.com or call 612-227-8374/612-481-4423

## RABI AL-AWWAL: MARCH &amp; APRIL

Rabi Al-Awwal	Days	March April	Fajr Dawn	Shuruq Sunrise	Dhuhr Noon	Asr Afternoon	Maghrib Sunset	Isha Night
1	Tue	20/3	5:55	7:16	1:21	4:44	7:26	8:47
2	Wed	21/3	5:53	7:14	1:21	4:45	7:27	8:49
3	Thu	22/3	5:51	7:12	1:20	4:46	7:28	8:50
4	Fri	23/3	5:49	7:11	1:20	4:46	7:30	8:51
5	Sat	24/3	5:47	7:09	1:20	4:47	7:31	8:53
6	Sun	25/3	5:45	7:07	1:19	4:48	7:32	8:54
7	Mon	26/3	5:45	7:07	1:19	4:48	7:32	8:54
8	Tue	27/3	5:43	7:05	1:19	4:48	7:33	8:56
9	Wed	28/3	5:39	7:01	1:19	4:50	7:36	8:59
10	Thu	29/3	5:36	6:59	1:18	4:50	7:37	9:00
11	Fri	30/3	5:34	6:57	1:18	4:51	7:38	9:02
12	Sat	31/3	5:32	6:56	1:18	4:51	7:40	9:03
13	Sun	1/4	5:30	6:54	1:17	4:52	7:41	9:05
14	Mon	2/4	5:28	6:52	1:17	4:53	7:42	9:06
15	Tue	3/4	5:28	6:52	1:17	4:53	7:42	9:06
16	Wed	4/4	5:24	6:48	1:16	4:54	7:45	9:09
17	Thu	5/4	5:22	6:46	1:16	4:54	7:46	9:11
18	Fri	6/4	5:20	6:44	1:16	4:55	7:47	9:12
19	Sat	7/4	5:18	6:43	1:16	4:55	7:49	9:14
20	Sun	8/4	5:16	6:41	1:15	4:56	7:50	9:15
21	Mon	9/4	5:13	6:39	1:15	4:57	7:51	9:17
22	Tue	10/4	5:13	6:39	1:15	4:57	7:51	9:17
23	Wed	11/4	5:09	6:35	1:15	4:58	7:54	9:20
24	Thu	12/4	5:07	6:34	1:14	4:58	7:55	9:21
25	Fri	13/4	5:05	6:32	1:14	4:59	7:56	9:23
26	Sat	14/4	5:03	6:30	1:14	4:59	7:57	9:25
27	Sun	15/4	5:01	6:28	1:14	5:00	7:59	9:26
28	Mon	16/4	4:59	6:27	1:13	5:00	8:00	9:28
29	Tue	17/4	4:59	6:27	1:13	5:00	8:00	9:28

## CONTACT INFO:

Imam: Sh. Abdirahman Sharif [612-558-5389]

Health Screening Center: [612-339-2625]

Director: Abdisalam Adam [612-227-3933]

Schools: [612-298-2031 &amp; 612-227-3933]

Manager: Sh. Abdisamad Ibrahim [612-226-5661]

Youth Center: Boys—612-481-4423 &amp; Girls -226-5967